



Building Bridges to Self-Sufficiency
one family at a time



where families break the cycle of homelessness

UMOM New Day Centers

Who We Are, What We Do, & How You Can Help

New Day Shelters offers

Emergency Shelter for homeless and low-income families for as long as 120 days.

Transitional Housing for families for as long as two years.

Families in both programs receive three nutritious meals a day and a variety of life-enhancing educational and motivational programs and activities.

Watkins Overflow Shelter in collaboration with the City of Phoenix, year-round, serving families and single women.

Domestic Violence Shelter provides a safe, secure place for women and children seeking help in overcoming domestic violence and putting their lives together.

For families in need of life's basic necessities – food, clothing and shelter – UMOM New Day Centers has been coming to the aid of the community since 1964.



Next Step Housing assists families who have completed their stay in our shelter programs to secure affordable housing. During the first year, they receive Follow-up Case Management, school supplies, food, and other special needs assistance to assure they retain housing.

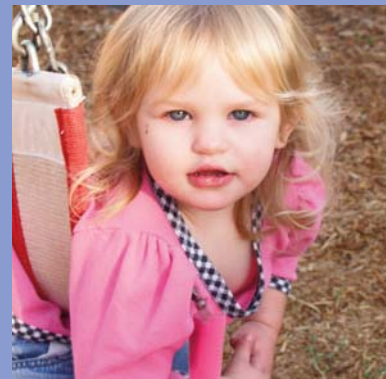
Lamplighter Place provides permanent supportive housing for mentally ill and homeless single adults.

UMOM New Day Centers' programs are staffed by professional case managers, crisis counselors, childcare providers, housing specialists, resident assistants, and administrators.

Volunteers provide funds, in-kind donations, and the gift of time. From teaching classes to reading to children, to cooking and serving meals, volunteers are the backbone of our mission.

The UMOM New Day Centers main campus also includes a chapel, community dining facility serving three nutritious meals daily, and the Clothes Closet, providing families with clothing and other basic necessities.

www.umom.org





Opportunities to Give!

Financial donations are always needed, appreciated and used wisely! Please give generously.

Volunteer opportunities abound in childcare, teen activities, adult education, community kitchen, Clothes Closet, administration, and maintenance. Whether you have a few hours a week, a month, or a year, we'll match your passion with the appropriate project. Log onto www.umom.org to give online, view our in-kind wish list, scan our menu of volunteer opportunities, and learn about upcoming events and programs. Call us at (602) 275-7852.

UMOM is a charitable organization under IRS Code Section 501(c)(3). All donations are tax deductible as allowed by law and may qualify for the Arizona Working Poor Tax Credit.

Martin, Jill, Caitlin & Raymond* “We’re a family now”

When Martin & Jill arrived at UMOM New Day Centers, he was suffering from alcoholism and she had a history of drug abuse. At 11, Caitlin was confused, lonely and frightened. Her brother, Raymond, 10, was truant. The couple had lost their apartment and took the children to an area wash each night to sleep. Desperate, Jill called one of the Valley’s crisis hotlines and was referred to UMOM New Day Centers.

Annette, a case manager, crafted a plan. Martin and Jill enrolled in programs to get help for their addictions. Caitlin received counseling and Raymond underwent a psychological evaluation. According to Annette, “Each, in their own way, rose to the challenge and successfully completed their programs within a few months. It was hard work and they stuck with it. They discovered that beneath all of their issues lay a fierce commitment to family, which gave them strength and determination.”

Today, Martin is a full-time student pursuing a business degree, plus taking classes in public speaking. Jill landed a full-time administrative position. Caitlin and Raymond are thriving in their new school. Perhaps of greatest significance, they achieved permanent housing when they moved into a three-bedroom apartment. Jill shared, “We are forever grateful for the opportunities you provided and for the care and attention we received during our stay. We’re a family now.”

*All names have been changed.



How Your Generosity Helps

New Day Centers Childcare

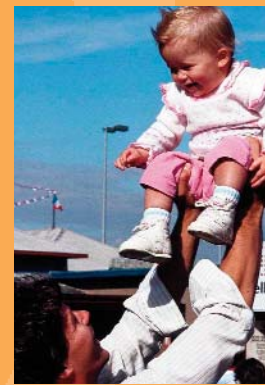
Our Childcare Center provides loving care to children newborn - age 5. Each child receives:

- Developmental assessments upon enrollment, quarterly thereafter
- Daily and weekly literacy activities
- Needed childhood immunizations
- Nutritional lunch & snacks daily
- Daily practice of basic hygiene skills
- ... and nearly 2/3 show improvement in key risk factors after only 45 days.

New Day Centers Emergency Shelter

Our Emergency program provides 120 days of shelter

- Our largest program provides shelter, meals, education/skills training, employment assistance, case management, crisis counseling and much more! This program is focused on improving the families' quality of life and preparing them for transitional housing or permanent affordable housing.



New Day Centers Transitional Housing

Our Transitional program provides two years of housing

- Families in our transitional program may access all of the services available to emergency families. This program assists those families who need additional time to achieve stability and particularly those who need to enhance their education or training. This program is focused on preparing families to secure permanent housing in the community and maintain self-sufficiency.



www.umom.org

Our Mission

To provide homeless and low-income families with food, shelter and tools to build a bridge to self-sufficiency.



Whenever I take a few moments to sit quietly and reflect, one thought always lingers. I love my work because I love being around children – especially the children who reside at our New Day Centers.

We frequently ask our children, “If you could have three wishes, what would you wish for?” Some wish for money for their family, some for a family car. Some wish for a parent to be released from the hospital or prison. Every time we ask, though, without exception, every child’s #1 wish is for a home.

At the UMOM New Day Centers, it is our goal to help grant those wishes. To do this, we need your help. Log onto www.umom.org to contribute online, view our wish list and learn about volunteer opportunities. I also invite you to call us at (602) 275-7852 to arrange a tour. We’d love to welcome you!

The families at our New Day Centers rely on the support of their community and people like you. Together, we can break the cycle of homelessness...one family at a time.

Thank you,

Darlene Newsom
Chief Executive Officer

P.S. To learn more about our efforts in this community, subscribe to our free e-mail newsletter at www.umom.org.

Our Vision
To be a leader
in breaking
the cycle of
homelessness.

Facts About Homelessness

More than 90% of women who come to the New Day Centers are victims of trauma.

Approximately 1/2 of our nation's homeless population consists of families with children.

In Maricopa County, Arizona, 52% of all persons housed in emergency shelter or transitional housing are families with children, including about 12,000 children.

An average family at UMOM New Day Centers has moved nearly six times in a year.

78% of the homeless population is comprised of single mothers and their children.

60% of these women have neither a high school diploma nor GED.

About 30% of the homeless population is comprised of mentally ill persons.

The results of homelessness in children include depression, anxiety, low self-esteem, behavioral problems, underachievement in school and/or truancy, inadequate nutrition, physical ailments, learning disability and more.

UMOM New Day Centers

UMOM New Day Centers provides a second chance for homeless families throughout the greater Phoenix Area. Our new expanded facility allows us to increase the number of families served by more than 60%! The need is great and, with your help, our response is significant!

Leave a Legacy

Please remember UMOM in your will ... and let us know when you do!



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